

Sitan Tai Chi & New Energy Education Center



2020 Summer Camp Program

Week 8 (8/24-8/28/2020)

New Energy Education Center
227 Michael Dr., Syosset, NY 11791
(516) 323-5157



English & Math Enrichment (Monday and Wednesday)

8/26 Do Now/ Ice Breaker Activity
English Language Arts Creative Writing Assignment

Directions: You have traveled to Hawaii to see a volcano. You are with your family and excited to see the volcano for the very first time. When you get to the site where the volcano is, all of a sudden the ground starts shaking. You and your family look at each other with concern. Moments later....








(Think of what you see)

(Think of what happens)

(Think of where you are going to go)

(How are you going to react)

Katherine :

I think the volcano  is going to erupt with lava. Everyone would panic because it will be dangerous for the people. People and animals need to get to shelter because a volcano  is a natural disaster. The lava burns all the plants  in their way. The lava is slow so when you have a chance to go run into a river and go to the other side. You have to get the things you need to survive the disaster. The smoke  covered the blue sky until it covered the whole sky. Then everyone was sad  until rain fell . And everyone was happy . The End.

Mathew:

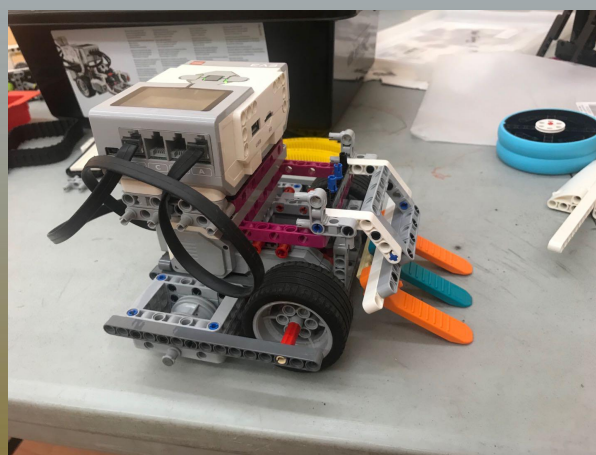
An earthquake starts to form and ash and smoke is coming out of the volcano . I raced to the car and went to the airport with my family and got on the emergency plane. As the plane took off we heard rumbling. I thought it was the plane but then I saw more smoke and lava and maga ma spewing out of the top. IT WAS ERUPTING! It was so hot that the heat was the dangerous part of it. Then we flew so fast that we were in the Arctic then the engine started to break down. The captain said to not worry and stay calm one of the engines broke down but we had 3 more. Later we landed back at New York and said to each other we will never go back there.

Taylor:

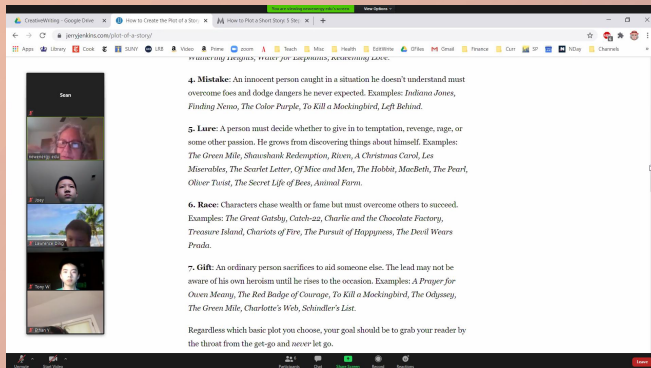
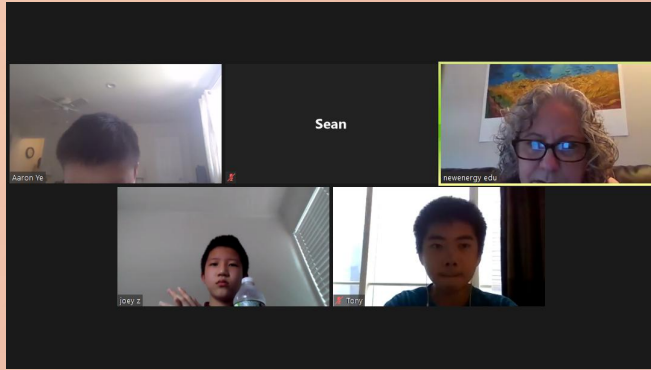
Me and my buds went to Hawaii to see a volcano. We were excited until we found out that the ground was shaking. We ran behind a hill and the lava went in the hill. We thought we won but the lava was rising her and higher by the second. So we ran to the nearest helicopter and climbed up but the lava touched something highly explosive and it blasted us away. Luckily, we landed in a pond, a big pond near our house. After we left we said we will never go there again.

Competition Team for Robotics (Tuesday and Thursday)

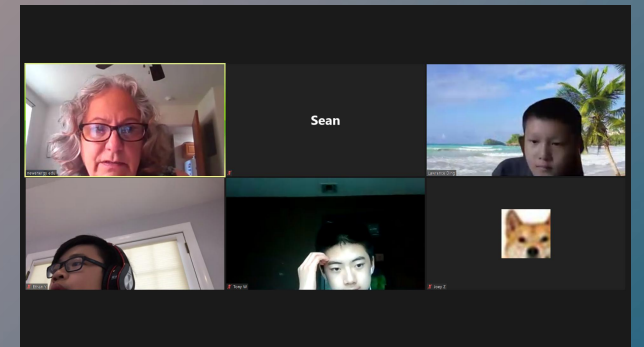
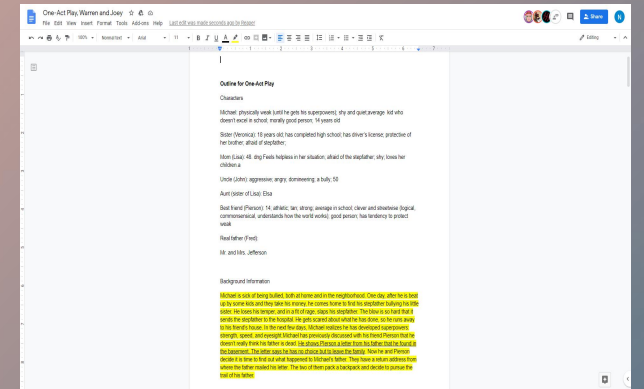
第八周的机器人课上，大家需要地比赛套件终于寄到，同学们开始拼装15个任务套件，通过拼装的过程中又产生了很多制作机器人的想法，实际的套件有很多跟视频上的不一样，更大或者更小。通过对套件的熟悉大家对机器人也进行了一部分实验性的改进，等整个比赛桌面布置好了就可以开始完成任务了。



Creative Writing (Tuesday, Thursday and Friday)

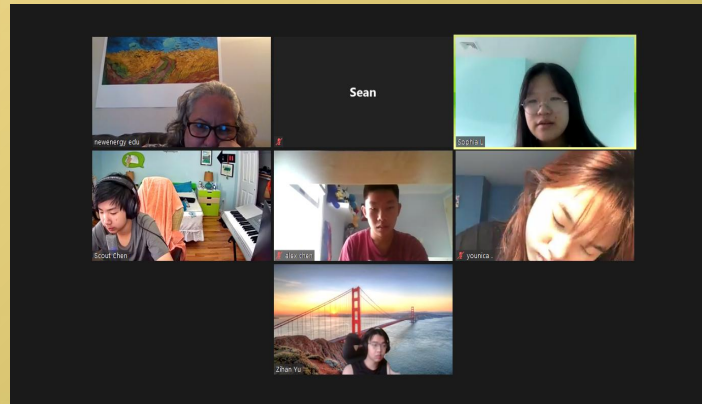
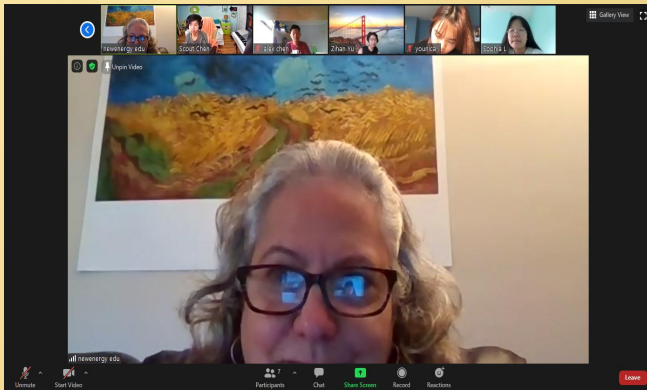
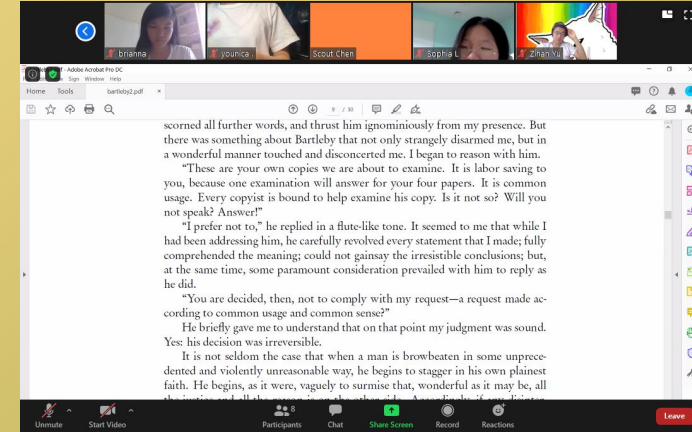


暑期班创意写作课的最后一周，这周同学们和Maryellen老师从头到尾阅读了每部戏剧，保证每位学生都可以参与其中。同时，所有同学都对这四部独幕剧进行了编辑和修改，最终的作品将于9月份出版与大家见面。

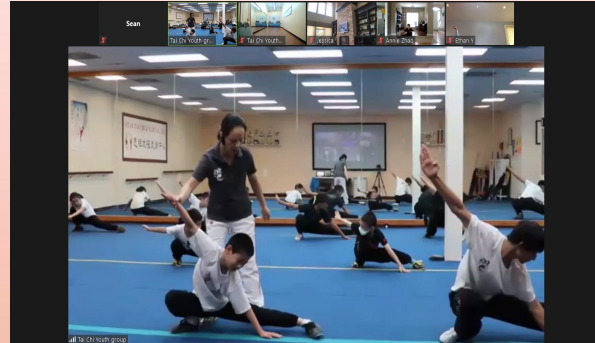
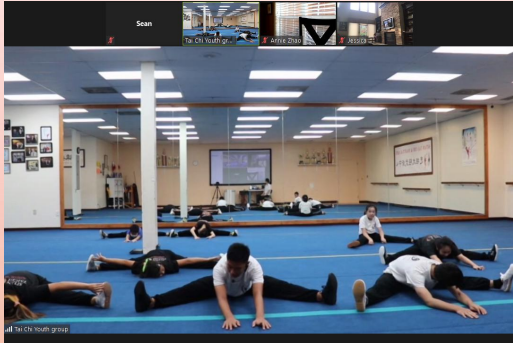


Pre- AP English (Tuesday, Thursday and Friday)

本周是暑期Pre-AP课程的最后一周，这周同学们和Maryellen老师一起听完了和读了弗朗茨·卡夫卡的《变形记》“THE METAMORPHOSIS”。随后，学生们展开了苏格拉底式的讨论，并对这个经典故事提出了深刻的评论。学生们还选择写最后一篇小说或非小说。Pre-AP班学生们最好的作品也将刊登在名为《夏收》的9月份杂志上。

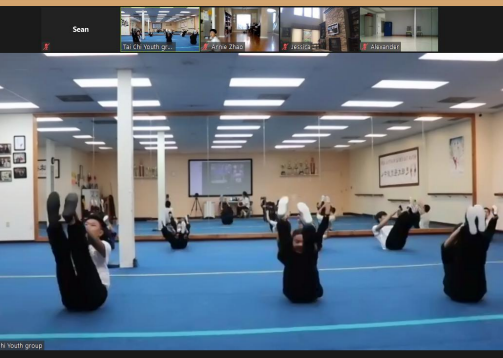
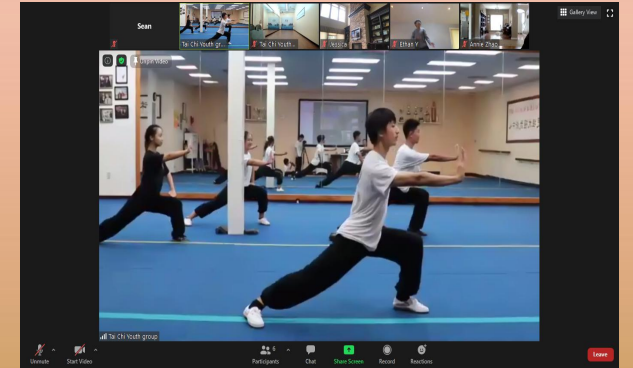
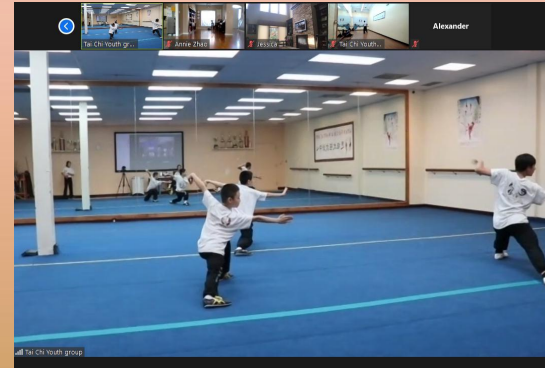


Wushu (Monday to Thursday and Saturday)



针对武术课程项目特点，每周的课程都包含了从基础到高阶的练习方法。从压腿下腰到正踢腿、外摆腿和冲拳推掌等组合练习。

每节课开始大家都会进行韧带拉伸和准备活动。拉韧带是为了增加肌肉的张力和强度，同时便于完成武术套路的一系列动作，尤其是高难度的动作，不拉韧带根本做不了。拉韧带对于武术来说不管在套路表演上还是在实战上都有重要意义。



坐如钟、站如松、立如钉、行如风，是一个优秀习武者必备的素质。小朋友通过练习武术，可以培养良好的气质神态、大方得体的举止，特别是其习武者明亮的目光，更是一般小朋友所无法达到的。